



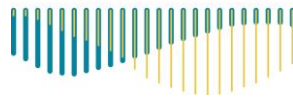
**Introductory Training (GIM Level 1)  
The Bonny Method of Guided Imagery and Music**

**5 days' Training**

**Saturday May 2 -Wednesday May 6, 2026**

In collaboration with the

**national  
music therapy  
institute**



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**Dates:** May 2-6, 2026

**Daily Schedule:** 9 am-12:30 pm, 2-5 pm, 6-8:30 pm  
(5 days, 5<sup>th</sup> day ends at 4 pm)

**Location:** Institut national de musicothérapie  
5450 ch. de la Côte des Neiges, Suite 600  
Montréal (Québec). H3T 1Y6 CANADA  
(Metro Côte des Neiges)

**Cost:** \$800 (**\$200 deposit before January 15, 2026**)

\*please note that participant needs to get 1 GIM session prior to the training, the cost is \$100, not covered with registration.  
A list of therapists will be provided.

**Number of participants:** 10-14 (we need a minimum of 10 participants to be offered)

**Primary Trainer:**

Guylaine Vaillancourt, PhD, MTA  
Fellow of the Association for Music and Imagery

[gvaillancourt@easterncanada-gim.com](mailto:gvaillancourt@easterncanada-gim.com)

Training program: Eastern Canada GIM

<https://easterncanada-gim.com/en/>

**What is GIM?**

The Bonny Method of Guided Imagery and Music is a music-centered, consciousness-expanding therapy developed by Helen Bonny. Therapists trained in the Bonny Method choose classical music sequences that stimulate journeys of the imagination. Experiencing imagery in this way facilitates clients' integration of mental, emotional, physical, and spiritual. <https://www.ami-bonnymethod.org/>

**Who can take this training?**

The GIM Training is designed for interested professionals with a background in music therapy, music, counselling, creative arts therapies, and related health care professions. A bachelor's degree or equivalent is required. This training is endorsed by the Association for Music and Imagery.

**What will happen in this training?**

Introductory GIM training provides opportunities to learn the basic components and philosophy of the Bonny Method. It includes didactic and experiential components; a thorough introduction to the fundamental introductory music programs; instruction in the therapeutic effects of music and the facilitation of imagery; demonstration and practice of beginning guiding techniques; exploration of adaptations of this work; and personal experiences with GIM as a therapist and as an imager. Advanced training in GIM is necessary before a student is fully qualified to practice this therapy.

**FOR MORE INFORMATION:**

Guylaine Vaillancourt

[vaillancourtguylaine@gmail.com](mailto:vaillancourtguylaine@gmail.com)

Association for Music and Imagery <http://www.ami-bonnymethod.org>

**Registration GIM Introductory Level I**

-Deposit of \$200 before January 15, 2026 by e-transfer

(Question: Method/Response: Bonny)

-Balance of \$600 to be paid by March 15, 2026

Payment through E-transfer [vaillancourtguylaine@gmail.com](mailto:vaillancourtguylaine@gmail.com)

Question: Method      Answer: Bonny26

**Cancellation Policy**

Refunds of \$600 will be granted if a cancellation notice is received before April 15, 2026. The deposit of \$200 is not refundable.

**NAME:**

**ADDRESS :**

**TEL. :**

**E.MAIL :**

**EDUCATIONAL BACKGROUND:**

**CLINICAL EXPERIENCE:**

**MUSIC BACKGROUND:**

**WHAT ARE YOUR REASONS FOR WANTING TO TAKE THIS TRAINING?**

*Thank you!*